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In this new environment, clinicians must be thoroughly conversant in group therapy techniques to be effective providers. Written by a leading expert on group therapy, *Time-Managed Group Psychotherapy: Effective Clinical Applications* provides new and experienced clinicians with generic models for the development of efficient and effective interactive groups able to deliver a wide variety of ...

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Time-Managed Group Psychotherapy: Effective Clinical Applications is a valuable text for group clinicians and for those wishing to develop their group leadership skills. It presents an integrative model of thinking about groups and embraces the importance of diverse and flexible applications of group leadership skills.

~~Time-Managed Group Psychotherapy: Effective Clinical ...~~

Roy MacKenzie's new book Time-Managed Group Psychotherapy will be most useful to those who are developing a group program as an integral part of the service delivery of mental health care. MacKenzie makes a strong argument for the necessity for all psychotherapy delivery systems to respond to the realities of limited resources.

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Written by a leading expert on group therapy, Time-Managed Group Psychotherapy: Effective Clinical Applications provides new and experienced clinicians with generic models for the development of efficient and effective interactive groups able to deliver a wide variety of treatment options. It offers a comprehensive examination of the potential of group psychotherapy and an appreciation of time management in its utilization.

~~APA — Time-Managed Group Psychotherapy~~

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The book provides new and experienced clinicians with generic models for the development of efficient and effective interactive groups able to deliver a wide variety of treatment options. It offers a comprehensive examination of the potential of group psychotherapy and an appreciation of time management in its utilization.

Introduction to Time-Limited Group Psychotherapy is a basic text designed for the clinician who already has experience in individual psychotherapy. However, the breadth of perspective and discussion of

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therapeutic strategies should be of value to the more experienced psychotherapist as well. The book is divided into four sections. ? Section One deals with basic concepts regarding the small group. This section should aid the therapist in accurately recognizing group phenomena. ? Section Two presents the applications of the theories concerning time-limited group psychotherapy in a clinical setting. It emphasizes the importance of careful diagnostic and interpersonal assessment, group composition considerations, and pretherapy preparation in ensuring that a sense of "groupness" will emerge promptly. ? Section Three shows how to use the emerging relationships among group members as the vehicle to manage individual issues. In both Sections Two and Three, the current literature concerning brief individual therapy is applied to the group context. ? Section Four offers guidelines for integrating group psychotherapy into service and training programs. Special consideration is given to inpatient groups and long-term support groups.

A Psychologist's Proactive Guide to Managed Mental Health Care offers a concise overview of the evolution of managed mental health care and its impact on the working lives of clinical and counseling psychologists. Although many books explore the ramifications of managed care for psychotherapy, this is the first to take a broad



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perspective and examine the ways in which the new health care delivery system is affecting all aspects of practice--not just treatment but also assessment and training--as well as mental health research. The authors include some of the country's most noted psychologists with extensive experience in managed care. Their tone is optimistic rather than pessimistic; as they look at developments others have only deplored, they see potential roles and opportunities for growth for psychologists. In an era of dramatic health change, all those practitioners who are concerned about how to make managed care work for them rather than against them, will find this Guide essential reading. ALTERNATE BLURB A Psychologist's Proactive Guide to Managed Mental Health Care offers a concise overview of the evolution of managed mental health care and its impact on the working lives of clinical and counseling psychologists. While many books explore the ramifications of managed care for psychotherapy, this is the first to take a broad perspective and examine the ways in which the new health care delivery system is affecting all aspects of practice--not just treatment but also assessment and training--and mental health research as well.

First Published in 2005. Routledge is an imprint of Taylor & Francis, an informa company.

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Group counseling is a dynamic and valuable treatment device used by therapists throughout the psychological disciplines, one that has proven effective in promoting change and growth in a variety of populations and settings. The Oxford Handbook of Group Counseling takes an innovative approach to this expansive topic, providing both a comprehensive field manual for practitioners and an authoritative reference work for teachers and researchers. Comprising 31 topic-based chapters by leading practitioners and researchers, this handbook covers the full spectrum of current and relevant topics in group counseling, including: - definitions and background - history and efficacy - key change processes (e.g., therapeutic factors, group cohesion, group climate) - group leader strategies and characteristics - new applications for group counseling strategies, including online groups - group counseling with special populations - the future of group counseling With roots in the most recent and relevant literature, The Oxford Handbook of Group Counseling is an ideal text for training programs (counselor education, clinical psychology, social work, or human services) or as a reference for researchers in counseling psychology. Whoever the reader, it a valuable and comprehensive guidebook for both students and practitioners in the growing practice of group counseling.

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"Regarded as the definitive practitioner reference and text, this accessible work addresses all aspects of setting up therapy groups and making them work. A wealth of clinical material illustrates the components of effective group therapy and the mechanisms and processes of change. Practical topics discussed include patient selection and preparation, leadership issues, communication of affect in groups, dealing with "difficult" patients, time-limited groups, and facilitating successful terminations. A chapter-length case example with commentary from each author brings an entire group session to life and explores ways to handle common dilemmas. New to This Edition  
\*Incorporates current theory (psychodynamic and interpersonal), which is grounded in clinical and neurobiological research  
\*Every chapter revised and updated. \*Chapter-length case example is entirely new.  
\*Chapter on Frequently Asked Questions includes many new issues"--Provided by publisher.

In today's world of managed care -- characterized by limited mental health resources, emphasis on accountability, concerns of third-party payers, and consumer need -- the demand for mental health professionals to use briefer therapeutic approaches is on the rise. Fully 84% of all clinicians are doing some form of planned brief

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therapy (6-20 sessions per year per patient). Yet despite clinical advances and outcome data that demonstrate the effectiveness of short-term therapy, many therapists -- in fact, 90% of those whose theoretical orientation is psychodynamic rather than cognitive-behavioral -- are reluctant to learn briefer interventions, seeing value only in long-term, depth-oriented work. The second edition of this Concise Guide is intended to help educate both beginning and experienced clinicians in the strategies and techniques of time-attentive models and to foster more positive and optimistic attitudes toward using these important therapies. The seven therapeutic models presented here -- including an entirely new chapter on time-limited group therapy -- highlight the importance of the interpersonal perspective. The seven models, one per chapter, represent well-established short-term approaches to clinical issues that therapists commonly encounter in their clinical practices. These models also have clearly defined intervention techniques and formulation strategies and can be used within the 10- to 20-session time frame of most managed care settings. The first part of each chapter dealing with a therapeutic model lists the various presenting problems the authors deem most suitable for treatment by that particular approach. The authors discuss the overall framework of each model, selection criteria, goals, therapeutic tasks and strategies, empirical support,

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and relevance for managed care, with clinical cases to illustrate the application of each model. The authors include updated chapters on supportive, time-limited, and interpersonal therapies; time-limited dynamic psychotherapy; short-term dynamic therapy for patients with posttraumatic stress disorder; brief dynamic therapy for patients with substance abuse disorders; an entirely new chapter on time-limited group therapy; and a final chapter on the reciprocal relationship between pharmacotherapy and psychotherapy. Meant to complement the more detailed information found in lengthier psychiatric texts, this Concise Guide (it is designed to fit into a jacket or lab coat pocket) is a practical and convenient reference for psychiatrists, psychiatric residents, and medical students working in a variety of treatment settings, such as inpatient psychiatry units, outpatient clinics, consultation-liaison services, and private offices.

A user-friendly guide of best practice for leading groups in various settings and with different populations, which incorporates the latest developments in today's mental health marketplace. Features multiple theoretical perspectives and guidelines for running groups for diverse populations, in the US and worldwide Offers modern approaches and practical suggestions in a user-friendly and jargon-free style, with many clinical examples Includes a major component on resiliency and

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trauma relief work, and explores its impact on clinicians Accompanied by an online resource featuring discussions of psychotherapeutic techniques in practice

This easy-to-use manual is recommended for leaders of all types of groups - discussion groups, peer support, organizations, and workplace teams. You'll find discussion of the different types of groups, leadership styles and roles. Worksheets help you figure out your preferred leadership style, along with facilitation tools, sample group agreements, online netiquette information, and numerous modifiable written forms for starting and maintaining effective groups. Practical advice and worksheets help you design your group, select potential members, and understand common group challenges. These valuable tools will take you from defining your group's mission to helping your group thrive.

The Handbook of Group Counseling and Psychotherapy is a comprehensive reference guide for group practitioners and researchers alike. Each chapter reviews the literature and current research as well as suggestions for practice in the psycho educational arena, counselling, and therapy groups. The Handbook encourages the notion that the field is improved through increased collaboration between researchers and

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practitioners. Through a review of cutting-edge research and practice, the Handbook includes } 48 articles by renowned experts in group work } the history and theory of group work } topics across the lifespan } an entire section on multicultural issues } a variety of clinical problems and settings } appendices include the Association for Specialists in Group Work Training Standards, Best Practice Standards, and Principles for Diversity-Competent Group Workers The Handbook is divided into seven sections: Current and Historical Perspectives on the Field of Group Counselling and Psychotherapy, reviews and analyzes the many contributions and contributors that have made group counselling and psychotherapy a vital and potent treatment method. The chapter outlines review articles spanning four decades, and outlines the evolution of group themes over the last 100 years. Best Practices in Group Counselling and Psychotherapy uses research, theory, and group counseling experience to provide group leaders and researchers with the most current and best practices in conducting group counseling and psychotherapy. Multicultural Groups follows the ASGW Principles for Diversity-Competent Group Workers and is intended to provide group leaders with essential information about different cultural groups and their world views, perceptions of groups, naturalistic healing methods, suggested group interventions, and implications for groups. Chapters cover Native-Americans, Latinos,

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Asians, and African-Americans, disabled persons, and gender and sexuality. Groups Across Settings includes examples of psycho-educational, counseling, and psychotherapy groups in a variety of settings. This section presents readers with theoretical and empirical support for group work in such settings as the Veterans Administration system, university counselling centers, and more. Groups Across the Lifespan consist of chapters across many age groups. For children and adolescents, cognitive and developmental issues are addressed. For adults, socialization and interpersonal issues are addressed, including separate chapters for male and female groups. Finally, a chapter on the elderly deals with cognitive, health, and life review issues. Special Topics Groups presents a continuum of different types of groups used to treat people with interpersonal and developmental issues, such as grief, substance abuse, depression, and others. Each chapter in this section provides definitions and descriptions of the issues along with theoretical and empirical support. Finally, Critical Issues and Emerging Topics attempts to reflect the zeitgeist and provide a glimpse into group interventions for the future. Emerging issues, such as online groups, prevention groups, and peer-led mutual help groups receive careful attention and analysis. The Handbook of Group Counseling and Psychotherapy, the first reference devoted to this emerging and rapidly growing field, is essential for academics,



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researchers, professionals, and librarians serving the group therapy community. There is no similar reference available, and it will prove a landmark volume for years to come.

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